



# Valdez COVID-19 Unified Command

## NEWS RELEASE # 042

For immediate release: 11/11/2020, 8:00 p.m.

**Valdez, AK** – The community of Valdez received confirmation of one new resident case of COVID-19 on Wednesday.

The new case is a symptomatic adult. They are in isolation and following the guidance of their medical provider and public health officials. The contact investigation is complete. All known close contacts have been notified and are in quarantine. The source investigation remains ongoing.

Additionally, one Valdez resident case is considered recovered as of Wednesday. The term “recovered” in this context means the patient has been released from public health isolation monitoring and is no longer considered contagious. Please note, even following release from public health monitoring, the patient may continue to experience after effects of the disease.

**Winter Has Arrived. Please Help Keep Valdez Healthy.** Wear a face covering when you are around anyone outside your household, even when you can maintain physical distancing of six feet. Be extra careful when socializing and traveling. Avoid crowded places and gatherings, especially those held indoors. Keep your social circles small and consistent. Look for creative ways to minimize risk as you celebrate the holidays. Wash your hands often and avoid touching your face. Disinfect commonly touched surfaces and objects. Prevent additional strain on our local medical community by getting your flu shot and avoiding high risk activities which could result in injury.

**Do You Have Even Mild COVID-19 Symptoms?** Please contact your healthcare provider for screening and closely follow their instructions. Remember to call ahead before you go to the doctor’s office, public health clinic, or hospital.

**Local Testing Options:** Both symptomatic and asymptomatic COVID-19 testing are currently available by appointment in Valdez. Visit the Valdez Unified Command website ([www.valdezak.gov/COVID-19](http://www.valdezak.gov/COVID-19)) for additional information.

**What is a Close Contact?** A close contact is an individual who was within six feet of an infected person for a cumulative total of 15 minutes or more while they are contagious. Close contacts must quarantine for 14 days to see if they develop symptoms and to prevent possible transmission to additional people. While close contacts cannot test out of quarantine, testing helps determine who else might be at risk. If you believe you’ve been exposed to someone with COVID-19, please call the Valdez Public Health Nurse (835-4612) or your medical provider for guidance.

The Valdez Unified Command and public health officials continue to closely monitor the COVID-19 situation. We ask the community to practice compassion and remember that behind every case count number is a person dealing with a difficult diagnosis. We remain committed to providing information, support, and resources for our community.

VALDEZ COVID-19 CASE COUNT					
Last updated 11.11.2020 @ 8:00 p.m.					
	CUMULATIVE CASES TO DATE	ACTIVE CASES	RECOVERED CASES	CUMULATIVE HOSPITALIZATIONS	DEATHS
VALDEZ RESIDENT	35	4	30	1*	1
NON-RESIDENT	30	0	30	1*	0

\*Valdez case hospitalized in ANC.

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